



Healthy Living Consumer Products Update

**Industry Overview
Deal Review
Top Trends**

In partnership with



March 6, 2023

Table of Contents

- **Whipstitch Capital Overview**

- **Capital Markets Recap & Overview**



- **Whipstitch Capital's Top-11 Healthy Living Consumer Trends**

- **SPINS Market Update: Produced for Whipstitch's Industry Analysis**



The Leading, Independent Investment Bank in the US Solely Focused on Established and Emerging Consumer Brands

The Leading Consumer-Focused Investment Bank in the U.S.



Large, Experienced Team

Highly specialized team led by industry veterans Nick McCoy and Mike Burgmaier



Best-in-Class Advisors

Financial advisory on M&A and institutional private placements



Highly Skilled

100+ years collective consumer & investment banking experience; 170+ transactions closed



Consumer Experts

Focused exclusively on innovative and emerging consumer companies



Category-Leading Clients

Whipstitch represents category-leaders, innovators, and top-quality teams



Boston HQ

Coverage across the U.S; clients and buyers from all over the world



Whipstitch Represents Category Leaders, Innovators and Highly-Talented Teams

Select Recent/Active Mandates



Pet

High-quality treats, cleaning products and accessories for pets



Non-Alcohol Beverage

Better-for-you alcohol-free tea brewed-like-beer brand



Protein Chips

High protein chips with bold flavoring



Full Body Sweat Care

Sweat products for excessive sweaters, makeup wearers, athletes, and more



Plant-Based Superfoods

High quality, organic, and delicious-tasting superfoods



Select Prior Transactions



Whipstitch is Unique: 100% Founder Owned, Solely Consumer Focused, Strong Middle-Market Banking Capabilities



We Own Whipstitch

100% founder owned and led

Committed to long-term growth of firm

We know what having everything on the line feels like



Long-Term

Develop relationships early and work with many clients over many years

No quarterly quotas which means we work to get the best deal done at the right time



100% Consumer

Highly specialized in consumer

Our team knows the industry inside and out

It is all we do



Customized Approach

Every process is highly customized to meet the needs of the client and their goals

There are no templates or cookie cutters



Connected

Our acquirer and investor connections run deep and span 20+ years

Our connections look to us for industry insights and opportunities

Whipstitch Founded and Led by Experienced Dealmakers with a Highly Seasoned Team



Nick McCoy, CFA

- 20+ years investment banking experience
- Formerly Gleacher & Co. (First Albany, now Jefferies), Allmerica Financial Corp., Wheelabrator Technologies
- MBA, Wake Forest University; BS, University of New Hampshire

Managing Director



Michael Burgmaier

- Over 20 years of investment banking, consulting and VC Experience
- Former VC and Bain & Co., Inc. Consultant
- MBA, The Tuck School of Business at Dartmouth; MPP, Duke University; BS, Boston College

Managing Director



Andress Blackwell

- Former CEO of Swerve; acquired by Whole Earth Brands in 2020
- 15+ years natural products industry experience

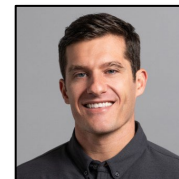
Executive Director



Tim Sousa

- Nine years consumer IB and PE experience
- MBA and BS Finance, Bentley University where Tim was a NCAA student athlete

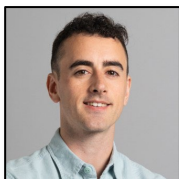
Director



Greg Ucich, CFA

- Nine years consumer IB experience
- Based in San Diego, CA – west coast coverage
- BS Economics and Finance, University of New Hampshire

Director



Dominic Mangano

- Seven years consumer IB experience
- BS Finance, University of Connecticut

Vice President



Kris Hall, CFA, CPA

- Eight years of management and accounting consulting
- BS Accounting and Finance, Villanova University

Associate



Sarika Pokala

- Two years consumer IB experience; Specialty Finance at JP Morgan
- BS Applied Economics and Management, Cornell University

Associate



Brendan Camuso, CPA

- Two years consumer IB experience; one year buy- and sell-side diligence experience
- BS Accounting, University of Maryland

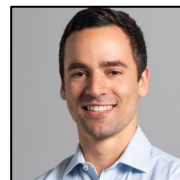
Associate



Kathy Foster

- Five years of investment banking operations experience

Dir. of Operations



Sam Zander, CPA

- Two years experience in Deloitte's audit practice
- MS Accounting, USC; BS Finance, Washington State University

Analyst



Julianne Slavin

- Two years family office experience
- MS Finance and BS Economics-Finance, Bentley University

Analyst

Whipstitch Works with Clients Both Before and During the Process: Our Services are Comprehensive and Best-in-Class

Pre-Process



Executive Summary & CIM

We **create** the best story possible. We know what matters. We sell. We make you look good



Financial Model

We **create** detailed, highly-complex bottoms-up financial models using airtight assumptions



Buyers List

We **leverage** our massive network to compile the best list of investors / acquirers tailored for you

Process



Calling Program

We **generate** strong interest and provide requested diligence materials



Meetings

We are on email and phones constantly and at meetings. We **manage** it all. We sell



Diligence

We **manage** the Data Room. We know what will be asked and we have answers ready (you will look good)



Marketplace

We **create** a competitive process designed to generate multiple offers



Closing

We **lead** negotiations with investors/acquirers to help create the best-possible outcomes

Be Sure to Subscribe to Our Industry-Leading Weekly Deal Recap Newsletter



The Whipstitch Weekly

Volume 7 Number 9

Consumer Transaction Recap February 21-27, 2023

[Food & Beverage](#) | [Personal Care](#) | [Health & Wellness](#) | [Pet](#) | [Other Consumer](#) | [More from Whipstitch](#)

We track and report on consumer markets activity over the past week so you don't need to.



The Investment Bank for Emerging Consumer Brands



FOOD AND BEVERAGE

BILL GATES BUYS STAKE IN HEINEKEN HOLDING WORTH €883MM
Bill Gates purchased 10.8 million shares (a 3.8% stake) in Heineken Holding, worth €883 million.
[Read more](#)

PERSONAL CARE

CALIRAY SECURES CAPITAL
Sustainable beauty brand Caliray raised a Series A round led by True Beauty Ventures.
[Read more](#)

HEALTH & WELLNESS

DCP CAPITAL ACQUIRES MINORITY STAKE IN JAMIESON WELLNESS
Private equity firm DCP Capital invested \$35 million in exchange for 33.3% of Jamieson Wellness, a manufacturer, distributor, and marketer of vitamins, minerals, and supplements.
[Read more](#)

PET

SCHOLTUS PETCARE ACQUIRES BIG CREEK FOODS
Pet treats and snacks manufacturer, Scholtus Petcare, purchased Big Creek Foods, a producer of dehydrated meat snacks for dogs and cats. Financial terms were not disclosed.
[Read more](#)

- Whipstitch distributes weekly transaction newsletters to over 13,000 consumer industry professionals
- Covers food and beverage, supplements, pet, retail, beauty and personal care
- Shared extensively within strategic acquirers and private equity firms
- Constant interaction with buyer/ investor universe – Whipstitch is the knowledge leader in consumer M&A
- Non-traditional buyers and investors see the newsletter and constantly ask to participate in our processes

DEAL DIFFERENT.™

[Click to Subscribe!](#)

SPINS / Whipstitch Partnership Offers Comprehensive Data Set and Unrivaled Market Analysis Capabilities

Established Partnership Provides Whipstitch With Detailed Market Information on Every Brand and Category Tracked by SPINS

- Investors and acquirers pay up when they see a strong data story
- We know the data inside and out, and we know the right story to tell
- Whipstitch clients get favorable access to SPINS data packages



Clear Value-Driver for Whipstitch Clients

Select Deals Led by the Whipstitch Team



Table of Contents

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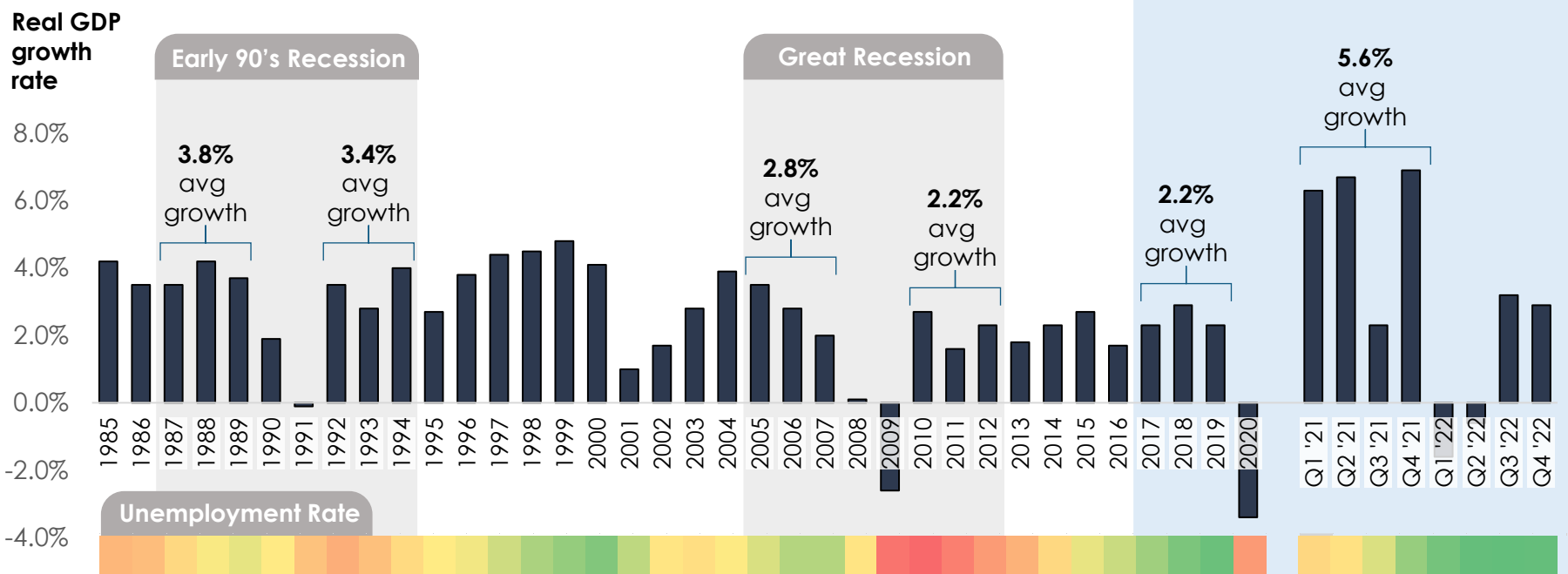
Whipstitch Capital's Top-11 Healthy Living Consumer Trends

- **SPINS Market Update: Produced for Whipstitch's Industry Analysis**



We Are Not in a Recession

Economic Stimulus Drove Inflation and Demand – Now is Providing Resiliency



Natural Products Industry Capital Markets Remain Highly Active with M&A and Private Placements

Overall Transaction Activity Stayed Flat in 2022 Following 2021 Highs

- Industry-wide transactions **remain 2% off 2021 all-time highs**
- Despite macroeconomic headwinds, private placement volume set a new record

Nutrition and Health & Wellness Industry Transactions: M&A Details 2016 – 2021¹

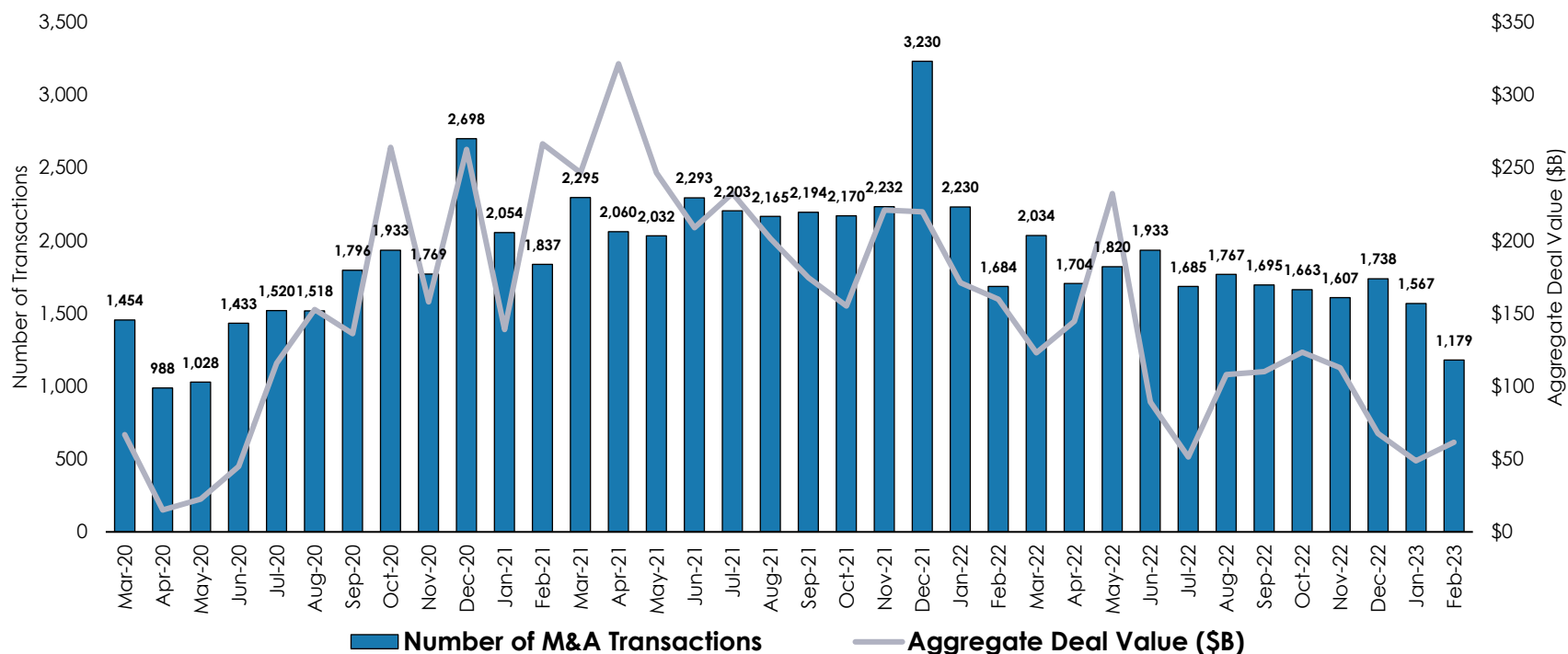
	2016	2017	2018	2019	2020	2021	2022
Retail & Distribution	26	34	22	29	23	10	21
Supplements	17	21	11	10	17	12	8
Ingredients	29	43	29	34	32	30	32
Contract Manufacturing	8	14	12	13	8	13	8
OTC & Personal Care	16	23	17	24	12	29	30
Natural & Organic, Functional Food	103	138	138	104	101	144	109
Others: Tech, Fitness, Pet	60	83	117	93	79	104	71
Total M&A	259	356	346	307	272	342	279
Financings	456	554	611	659	782	980	1020
Average Size of Financing (\$MM)	\$15	\$25	\$37	\$31	\$30	\$42	\$32
Total Transactions	715	910	957	966	1054	1,322	1299
YoY Growth	+13%	+27%	+5%	+1%	+9%	+25%	-2%

M&A Volume Stabilizes After Post-Pandemic Highs

Cross-Industry M&A Volume Began to Stabilize in 2H 2022

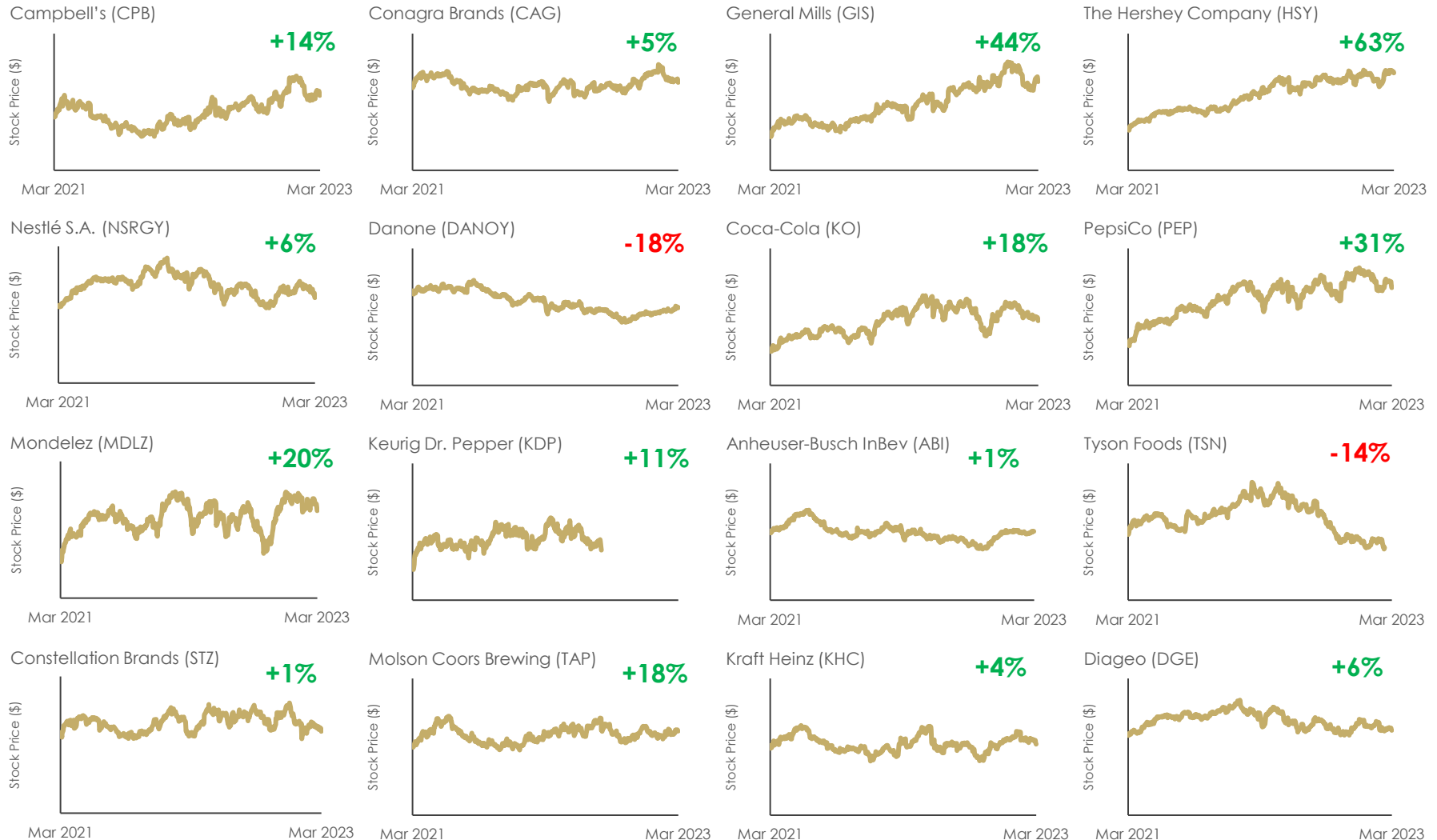
- M&A activity **rose** in 2020 after the initial shock of COVID-19 and **sustained** through 2021 as **buyers adjusted to new norms** such as few in-person diligence meetings and site visits
- The macro-economic environment in 2022 resulted in M&A activity **falling** to near COVID-19 pandemic levels

As the Market Adjusted to the Pandemic, Cross-Industry M&A Activity Increased¹



1) S&P Global Market Intelligence, Reported Deal Value, All Industries, U.S. and Canada

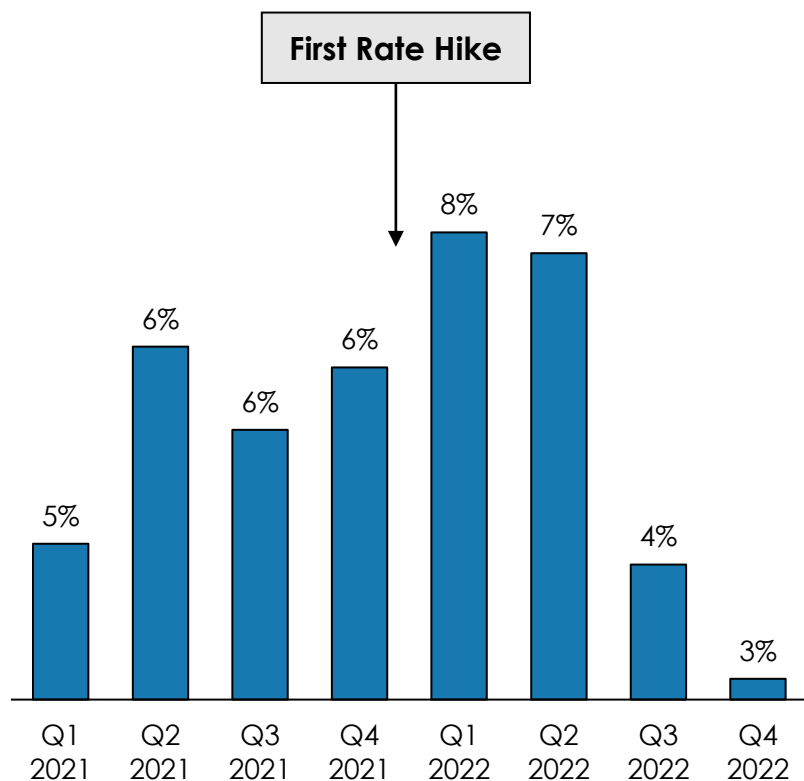
Two-Year CPG Stock Performance (As of March 2023)



Inflation is Ebbing and the Economy is Weathering Rate Hikes Well

Consumers Continue to Spend and Layoffs Are Far Lower Than Post-Covid Hires

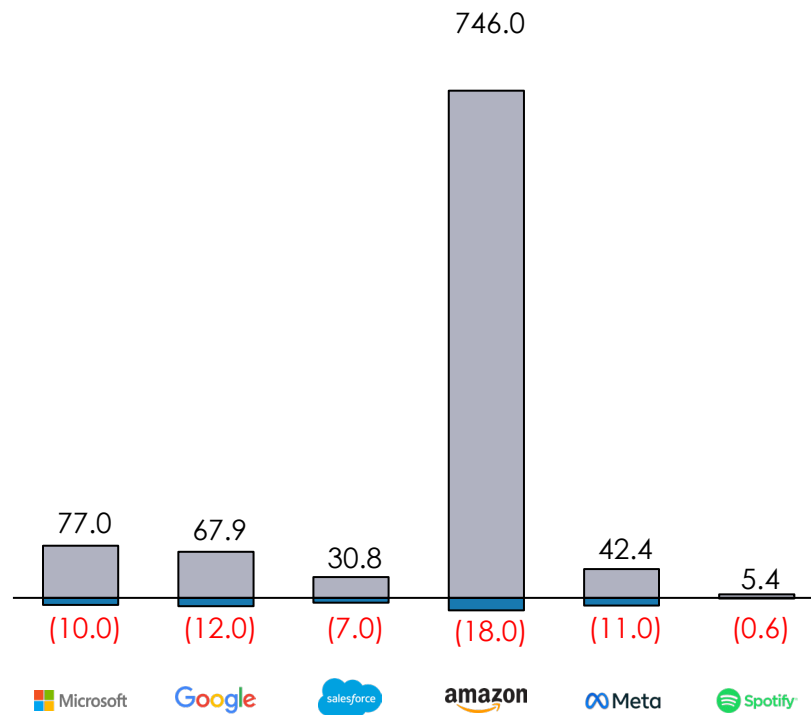
QoQ % Change in Personal Consumption Prices¹



Tech Companies Lay Offs²

(000's)

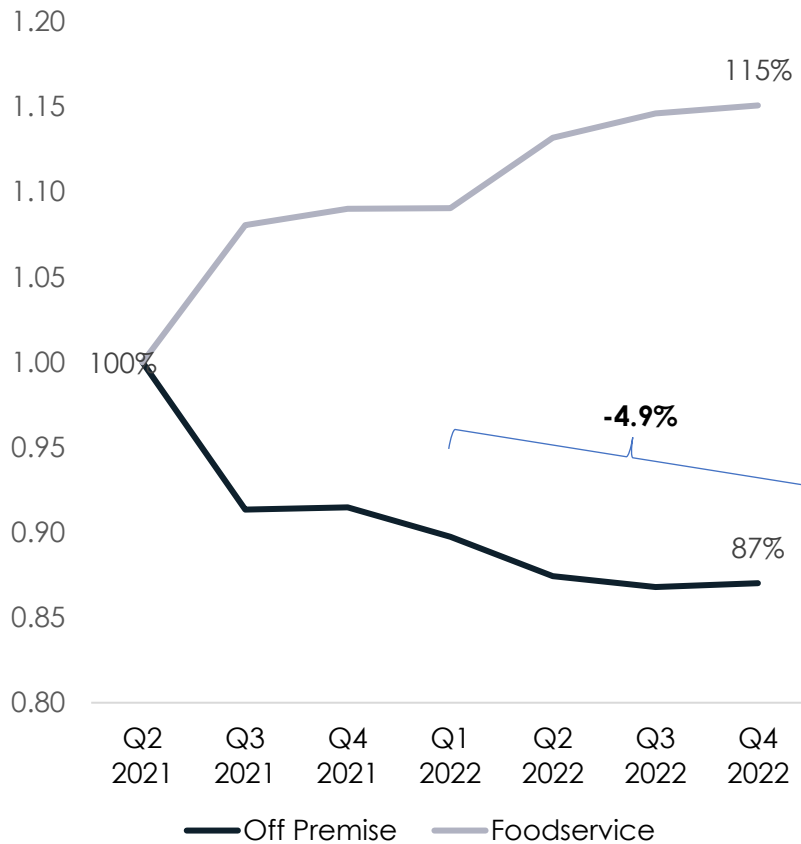
- Pandemic Headcount Growth
- Recent Layoffs Announced



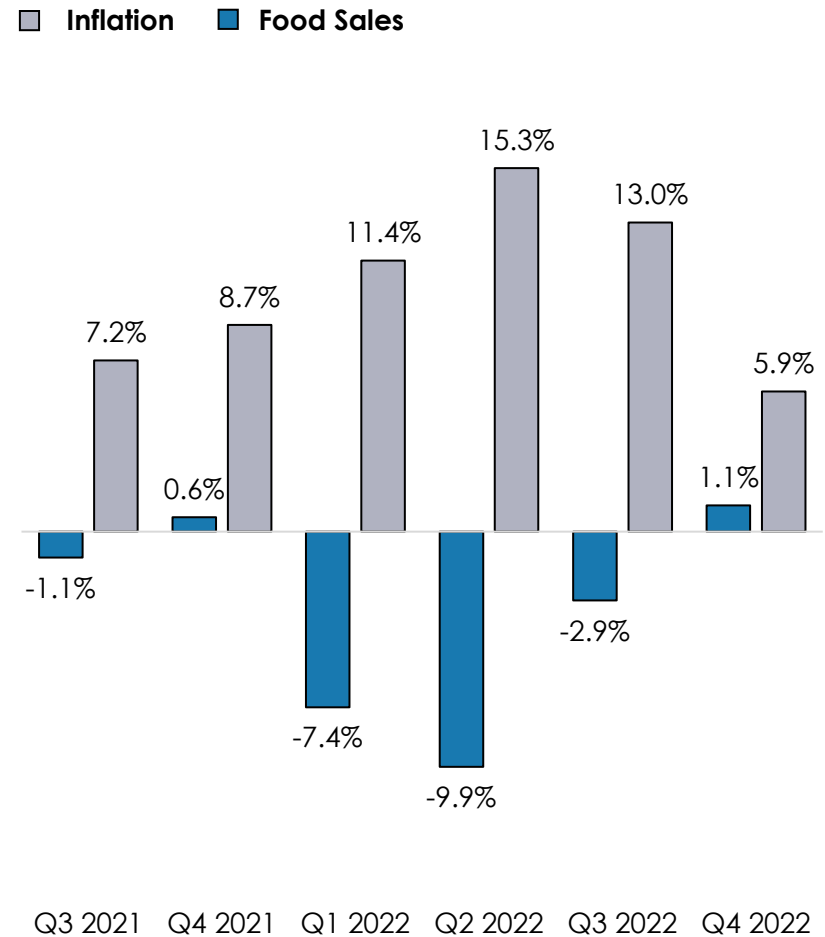
(1) Bureau of Economic Analysis
(2) Crestone

Inflation and Foodservice Growth Caused a Temporary Drop in CPG Spending in 2022

Index of Food Service vs Off Premise Consumption¹



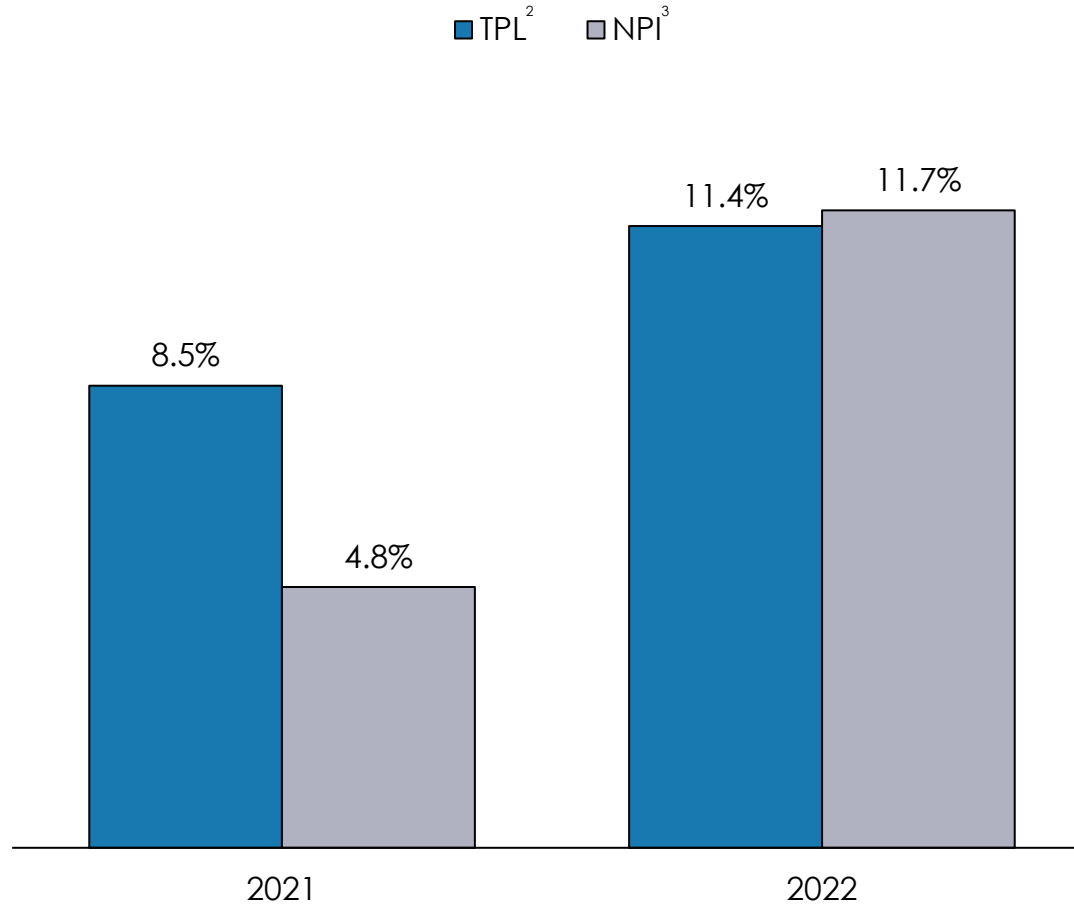
Total Inflation Growth vs Demand¹



(1) Bureau of Economic Analysis

In 2022, Natural Product Companies Matched Larger CPGs in Price Increases

ARP Growth Rate Change Year over Year¹



(1) SPINS, all categories, MULO + Natural + Convenience

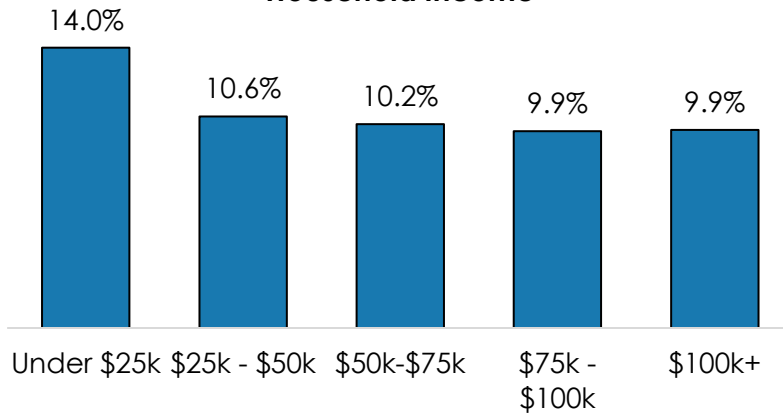
(2) TPL = Total Product Library (All products tracked by SPINS)

(3) HWI = Health and Wellness (Products with an emphasis on health and wellness)

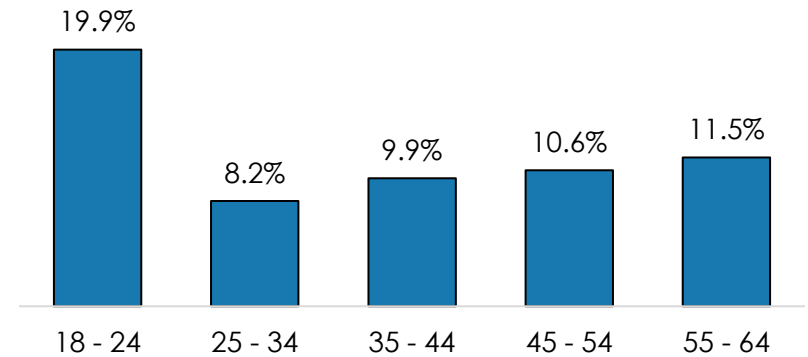
Food Demand Is Most Resilient in Lower Income, Older Adults, Small Families, Whites and Hispanic Demographics

\$/Buyer Growth Among Varied Demographics¹

Household Income



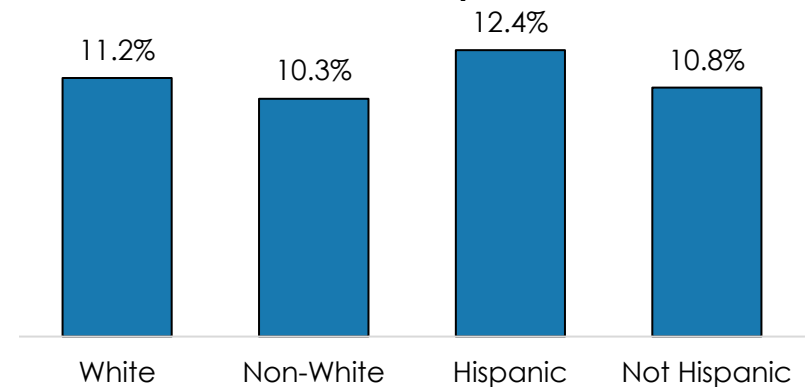
Age



Household Members



Ethnicity



(1) NielsenIQ Omnishopper Panel, Syndicated Total US, FOOD, Q4 2021 vs Q4 2022

Recent Consumer M&A Highlights

Buyer	Target	Date	Buyer	Target	Date	Buyer	Target	Date
		Feb 2023			Dec 2022			Oct 2022
		Feb 2023			Dec 2022			Oct 2022
		Feb 2023			Dec 2022			Oct 2022
		Jan 2023			Dec 2022			Oct 2022
		Jan 2023			Dec 2022			Oct 2022
		Jan 2023			Nov 2022			Sep 2022
		Jan 2023			Nov 2022			Sep 2022
		Dec 2022			Nov 2022			Sep 2022

Recent Consumer Private Placements

Investor	Target	Date	Investor	Target	Date	Investor	Target	Date
 Provenance CAPITAL GROUP	 MAKEUP BY MARIO	Jan 2023	 CAMPARI GROUP	 CATALYST SPIRITS	Oct 2022	 novo holdings	 kate farms	Sep 2022
 MARS	 THE PACK	Jan 2023	IMAG / NARY	 XIAO CHIE	Oct 2022	 VMG	 maev	Sep 2022
 CAVU VENTURE PARTNERS	 poppi	Dec 2022	 CATTERTON	 Yummers PET SUPPLY CO.	Oct 2022	 SIDDHI CAPITAL	 AURA BORA	Sep 2022
PRINCEVILLE CAPITAL	 X NotCo	Dec 2022	 SCIENCE	 Liquid Death MOUNTAIN WATER	Oct 2022	C2 CAPITAL PARTNERS	 JUST	Aug 2022
 DIAGEO	 THE OXFORD ARTISAN DISTILLERY	Nov 2022	 PRELUDE GROWTH PARTNERS	 BACHAN'S	Sep 2022	 willow GROWTH PARTNERS	 De Soi	Jul 2022
 ALLIANCE CONSUMER GROWTH	 Clio	Nov 2022	 BMO Capital Markets	 GOTHAM GREENS	Sep 2022	 Aria	 Inda	Jul 2022
 CAVU VENTURE PARTNERS	 TOPICALS	Nov 2022	 CATTERTON	 eatplanted.	Sep 2022	 s2g ventures	 atomo BEANLESS COFFEE	Jun 2022
 Keurig DrPepper	 ATHLETIC BREWING CO.	Nov 2022	 CAVU VENTURE PARTNERS	 Nécessaire	Sep 2022	 CATTERTON	 SUGAR	May 2022

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Whipstitch Capital's Top-11 Healthy Living Trends

Why Stop at 10? Whipstitch Goes to 11

1. Non-alcohol Drink Innovation Dominated by Beer, but Enters Wine, Spirits and Functional Beverage Categories
2. Recession-Woof: Premium Pet Products Sales Remain Robust
3. Clean Ingredient Wellness Bars Over-Indexing Specialty Function in Convenience
4. With Upgraded Home Coffee, Consumers Drive Growth in Coffee Related Categories
5. Great-tasting High Protein Foods Increasingly Winning with Consumers
6. Proposed Alcohol Labeling Requirements Could Create Category Shockwave
7. Consumers Increasing Consumption of Functional Beverages to Complement Busy Lives
8. Consumers Seeking More Intense Flavor Innovation When Snacking
9. The Resurgence of the Better-for-You Multicategory Platform Brand
10. The Rise of Gender Inclusive Personal Care Brands
11. Education Through Tik Tok Driving VMS Brand Growth

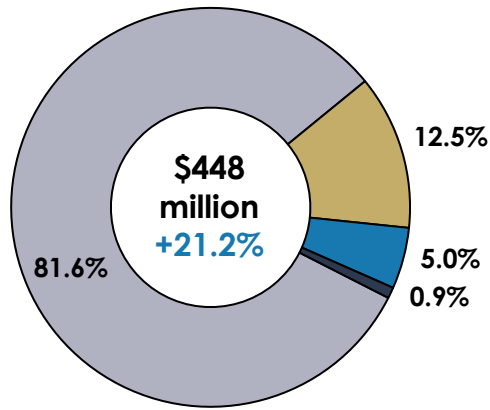
1. Non-alcohol Drink Innovation Dominated by Beer, but Enters Wine, Spirits and Functional Beverage Categories

As Non-alcohol Categories Shift, Drink Companies Diversify

Non-Alcohol Categories Growing Quickly¹

Share of Non-Alcoholic Category by Subcategory

- **NA Beer**
+20.6% vs YA
- **NA Wine**
+19.9% vs YA
- **NA Spirits**
+132.7% vs YA
- **NA RTD**
+23.6% vs YA



Large Strategies Expand Into the Non-Alcoholic Adult Beverage Category



November 2022 – Keurig Dr Pepper purchases \$50MM minority stake in leading NA craft beer maker **Athletic Brewing**²



January 2023 – Molson Coors Beverage Company releases **Roxie**, a zero-proof canned cocktail³

Brands Using Product Innovation to Take Advantage of Non-Alcoholic Category Growth



Ritual Zero Proof:

- Replicates classic spirits with no alcohol content
- **+55%** velocity growth and **+186%** \$ sales growth year over year²

Hoplark:

- Sparkling beverage brewed like beer, with hops but without sugars, additives, or fermentation



Surely:

- NA wine sourced from premium grapes, fermented, and de-alcoholized

De Soi:

- A bitters botanical aperitif with natural adaptogens instead of alcohol

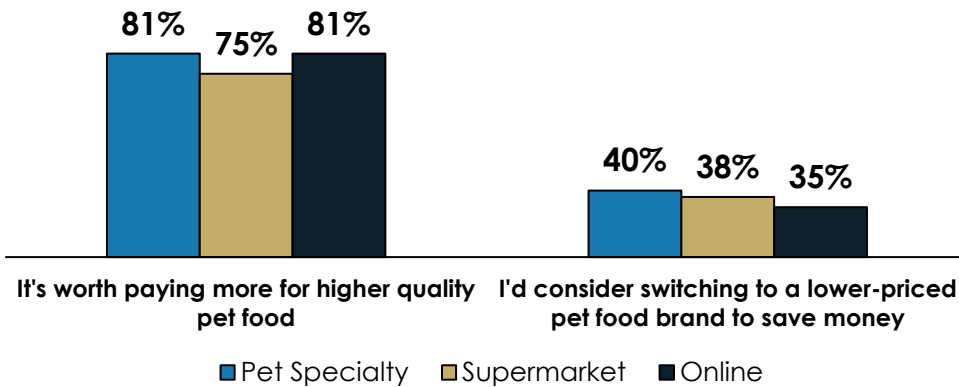


1. Nielson, Total FMCG Retailers + Liquor + Convenience, 52 WE 1/1/23
2. Keurig Dr. Pepper, November 9, 2022
3. Molson Coors Beverage Company, January 10, 2023

2. Recession-Woof: Premium Pet Products Sales Remain Robust

The 2022 Economic Downturn Proved Premium Pet's Resilience

US Consumers Willingness to Pay Up for Premium Pet Food¹



Brands to Watch

RAWZ
THE NEXT BEST THING TO FEEDING RAW.™

PETHONESTY

"I and love and you."

OPEN FARM

The Farmer's Dog

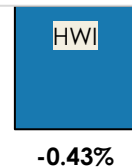
Made by **Nacho**

Three Dog Bakery
THE BAKERY FOR DOGS

HUNGRY PET
NUTRITION

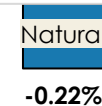
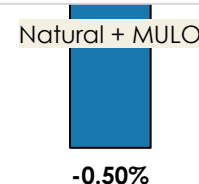
Price Elasticity: \$ Change for Every 1% Change in ARP²

By Universe:



Premium/natural brands
~43% less price elastic than mass brands

By Channel:



Natural channel sales
~68% less price elastic than MULO sales

1. Lightspeed/Mintel
2. SPINS, Total Product Library, MULO + Natural + Convenience, 4 WE 1/27/19 through 10/30/22, Pet Dog Food
TPL = Total Product Library (All products tracked by SPINS)
HWI = Health and Wellness (Products with an emphasis on health and wellness)

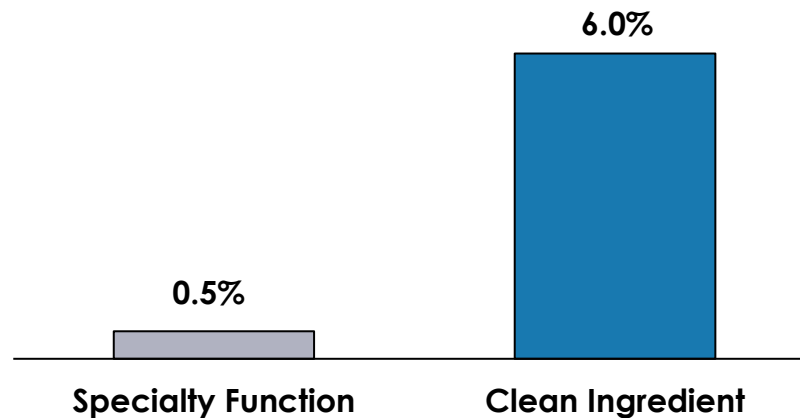
3. Clean Ingredient Wellness Bars Over-Indexing Specialty Function in Convenience

Clean Ingredient Wellness Bars are 12x the Market Share Compared to Specialty Function Bars

Example Specialty Function Bars



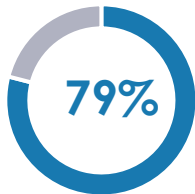
Wellness Bars % Share of Total Convenience¹



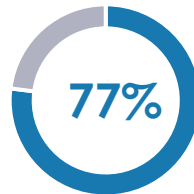
Example Clean Ingredient Bars



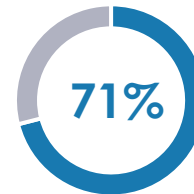
...and US Consumers Love Shopping at Convenience Stores Because...



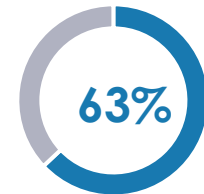
Of US consumers think there is a lot of product variety in the store²



Of US consumers think the convenience store provides a good shopping experience²



Of US consumers find new products and brands they haven't seen before²



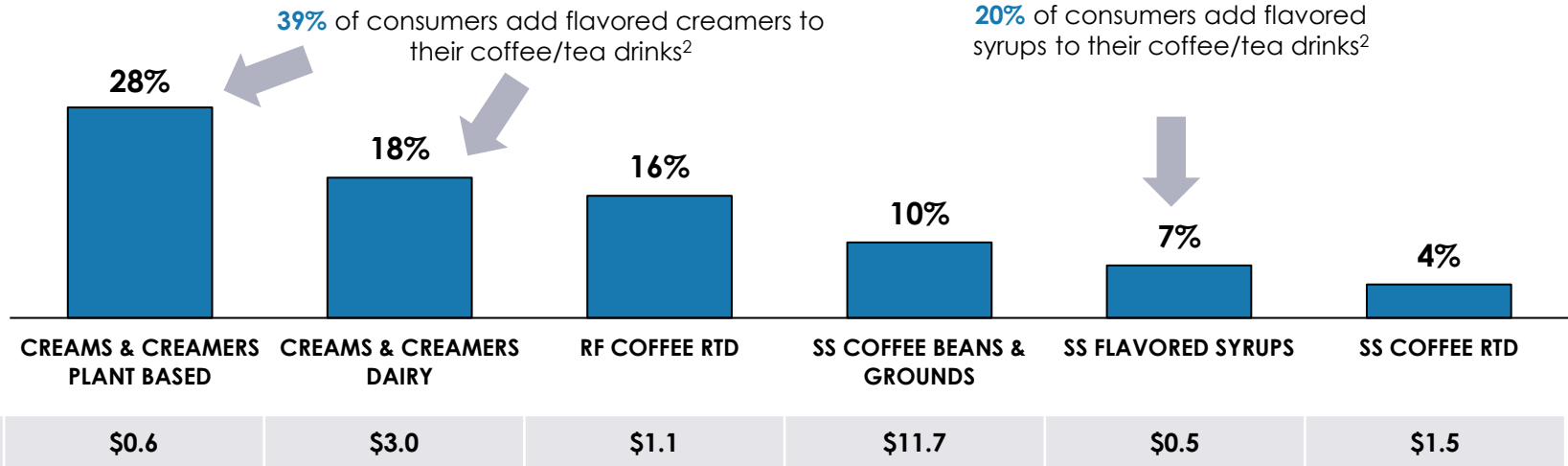
Of US consumers see good value for their budget when they shop at C-stores²

1. SPINS, Convenience, Wellness Bars & Gels, 52WE 1/1/23
2. Supermarket News

4. With Upgraded Home Coffee, Consumers Drive Growth in Coffee Related Categories

At Home Coffee Consumption Takes Main Stage¹

52W YOY Dollar Growth, by category



Innovative Brands Benefitting from Shift in Consumer Preferences Towards At-Home Coffee³



740%
2-Year CAGR
\$60.4M in MULO

307%
2-Year CAGR
\$16.5M in MULO

236%
2-Year CAGR
\$4.1M in MULO

210%
2-Year CAGR
\$5.8M in MULO

1. SPINS, MULO, 52W Dollars vs. Dollars, YAGO 1/29/23
2. Mintel, Coffee and RTD Coffee – US - 2022
3. SPINS, MULO, 52W Dollars vs. Dollars, 2YAGO 1/29/23 (2-year CAGR)

5. Great-tasting High Protein Foods Increasingly Winning with Consumers

Consumers Want Convenient Protein Minus the Taste of Protein

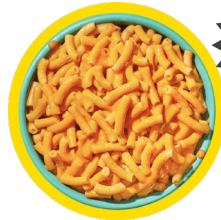
WILDE CHIPS



10g protein!

Crispy chips made from chicken breast, egg whites, and bone broth deliver a **satiating snack packed with flavor**

GOOBLES



14g protein!

Creamy mac and cheese that supplies **balanced nutrition, prebiotics**, and nutrients from 21 plants

THE
SAFE + FAIR
FOOD COMPANY



9g protein!

Clean-label, vegan salty snacks that **don't taste like sacrifice**

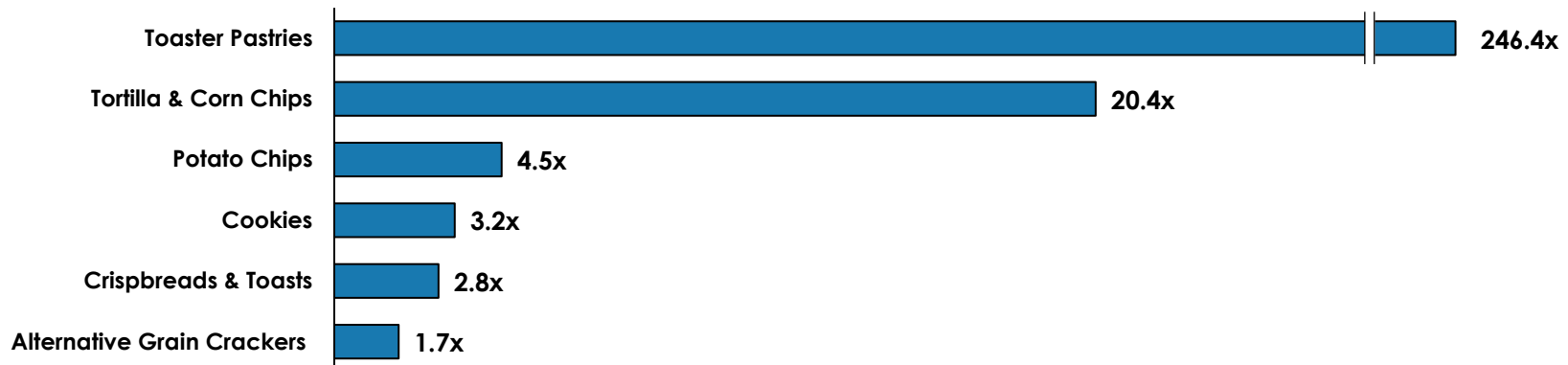
LEGENDARY Foods



20g protein!

Protein replaces sugar in this re-invention of a childhood classic

High-Protein Offerings Two-Year Growth Compared to Conventional Equivalent¹



1. SPINS, MULO + Natural, 52 WE 1/1/23. Comparing growth of SKUs with <5g of protein to SKUs with >5g of protein

6. Proposed Alcohol Labeling Requirements Could Create Category Shockwave

Consumers Demand More Transparent Alcohol Labels, Producers Push Back

The TTB will begin preliminary rulemaking on mandatory ingredient labeling that will cover nutrient, alcohol content, allergen and ingredient labeling. The rules are set to be published in 2023 as consumers support transparent labeling¹

Consumer Benefits

- **75%** think alcoholic beverages should have **standardized alcohol content labels**²
- **72%** say adequate labeling will **encourage responsible alcohol use**²

VS.

Producer Worries

- Producers don't want to label **additives** that are included in the production process and are **undetectable in the final product**
- **Small brewers/distillers may struggle to bear the cost**, and it could be cumbersome to small batch products

DISCUS Members Elect to Self-Regulate

By June 2024, all spirits distributed by DISCUS members will include information about serving size, calories, and grams of carbs, protein, and fat

Sample DISCUS Members:

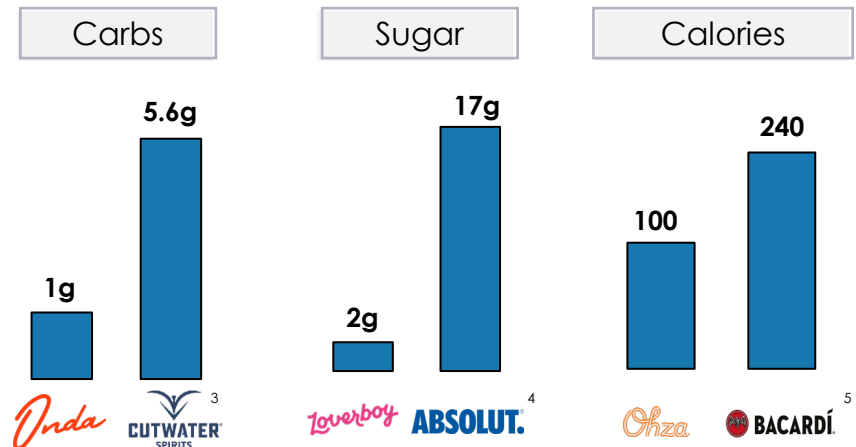


Constellation
Brands

DIAGEO

Moët Hennessy

BFY & Transparent Labeling Wins with Consumers in RTD



1. US Department of Treasury's Alcohol and Tobacco Tax and Trade Bureau (TTB)

2. National Consumers League

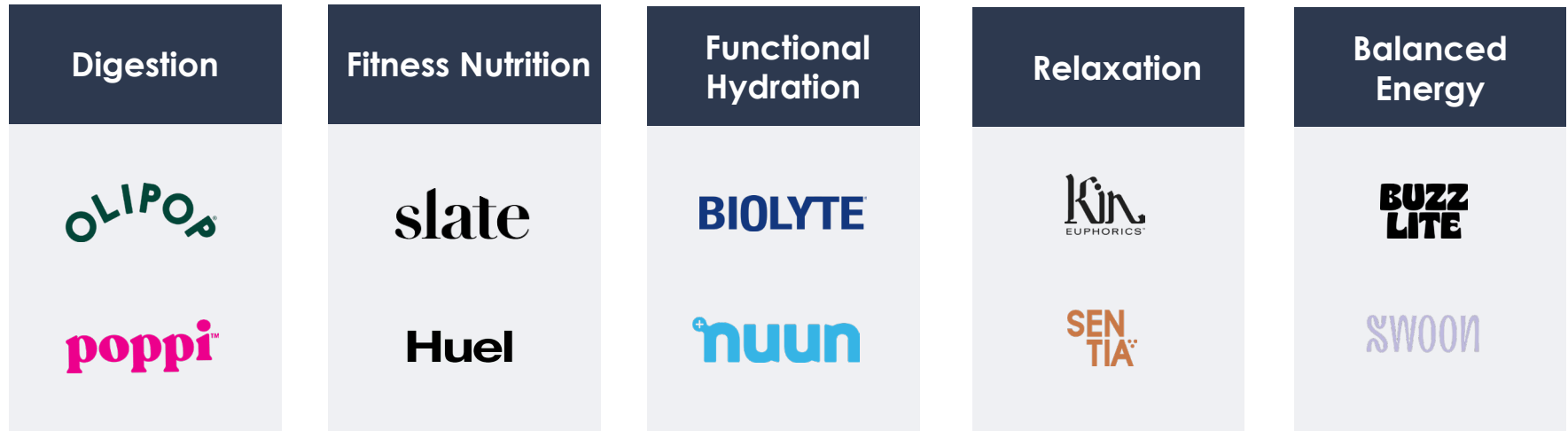
3. Compared to Cutwater Tequila Ranch Water

4. Compared to Absolut Grapefruit Paloma

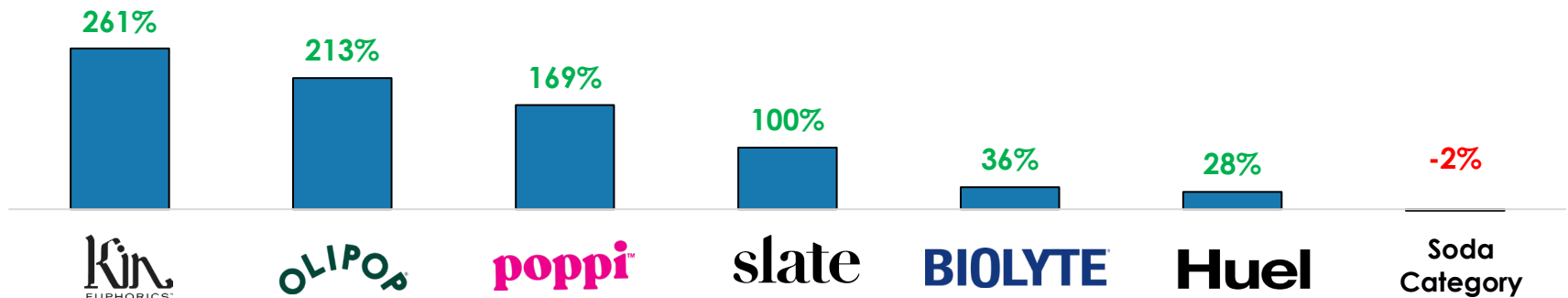
5. Compared to Bacardi Rum Punch

7. Consumers Increasing Consumption of Functional Beverages to Complement Busy Lives

Better-For-You Beverages Meeting Diverse Needs From Energy to Relaxation and More



One-year Unit Growth of Select Better-For-You Beverage Brands Pass Double Digits¹



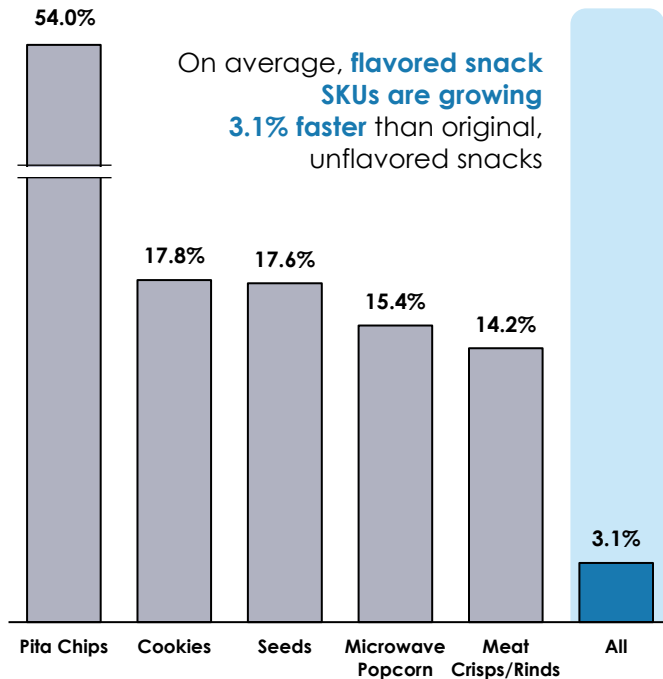
1. SPINS, MUJO, Natural, Convenience, 52 WE 1/29/23

8. Consumers Seeking More Intense Flavor Innovation When Snacking

Flavor Drives Majority of Snacking Trial and Category Growth

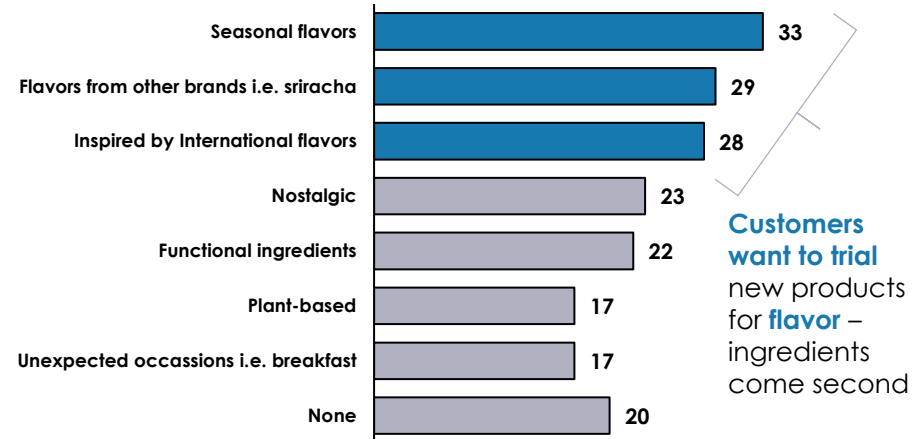
Flavored SKUs Growing Faster Than Original Counterparts Across Snacking Subcategories¹

2 YoY unit sales growth of flavored SKUs minus growth of original SKUs



Flavor is the Primary Reason Customers Trial New Snacks – BFY Ingredients Are Secondondary²

Which of the following snack innovations would be interested in trying?



Winning Flavors



Southern comfort
Chicken & waffle
protein chips



Unexpected combo
pineapple & ancho
chile pork rinds



International spice
Roasted green chile
& pepita hummus

1. SPINS, Total Product Library, S2 WE 1/1/23, MULO + Natural Enhanced + C-store, Assumes SKUs containing text "original" are non-flavored and total other sales are flavored
2. Mintel, U.S. Salty Snacks 2023

9. The Resurgence of the Better-for-You Multicategory Platform Brand

Flavor and Format Extensions Excite Consumers, Driving New Product Trial

63%

Of consumers prefer to stick with familiar brands¹

48%

Of consumers are trying more new foods/drinks than a year ago¹

2.29x

Is the average number of unique subcategories that brands play in²

\$39B

Dollar growth related to UPCs that had \$0 Dollar Sales 2YAGO²

Annie's A "Legacy" Multicategory Brand



Mac 'n Cheese



Snack Bars



Ketchup



Cheese Puffs

Emerging Multicategory Brands



Pancake Mix



Cookies



Pasta



Frozen Pizza



Pancake Mix



Flours



Bars



Crackers



Rice



Mac N Cheese



Syrup



Granola Bars

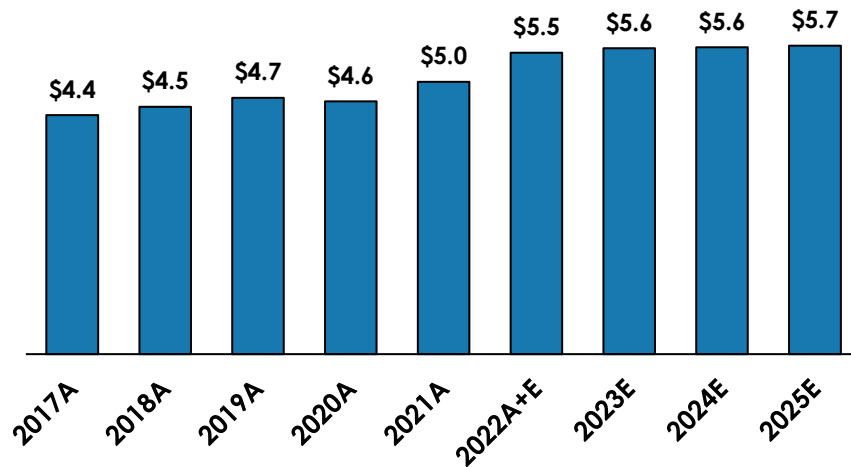
1. Mintel, Online Discovery Process in Food & Drink - US - 2022
2. SPINS, Total Product Library, S2 WE 1/29/23, MULO, Grocery, Refrigerated, and Frozen Departments Only

10. The Rise of Gender Inclusive Personal Care Brands

Similar Product Preferences Across Genders Fueling Gender Inclusive Personal Care Growth

The Men's Personal Care Market Large and Growing

Men's Personal Care Market Size (in Billions)¹



The **number of men interested in beauty products rose 3%** between 2018 and Q1 2021 vs a 5% decline in interest amongst female consumers³



More than **56% of men** now have a skincare regime⁴

Brands to Watch

cocokind



carpe
SEIZE THE MOMENT



BUBBLE



WELEDA



1. Mintel, Men's Personal Care, 2022
2. Mintel, Personal Care Consumer, 2021
3. GWI, 2021
4. WARC, 2022

11. Education Through Tik Tok Driving VMS Brand Growth

Consumers Influenced Through Tik Tok Education Bolstering VMS Brands Sales

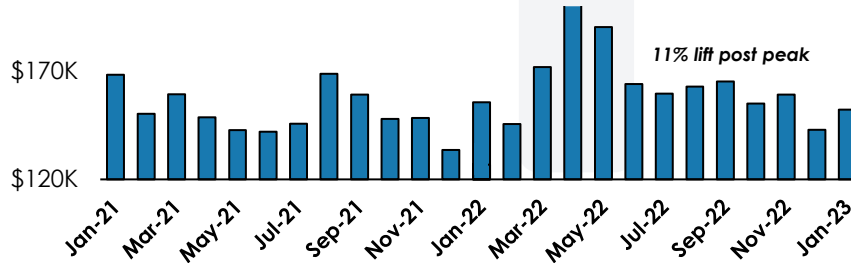
Sales VMS Ingredients After Viral Tik Toks¹



TikTok: L-Glutamine¹

What's the trend?:

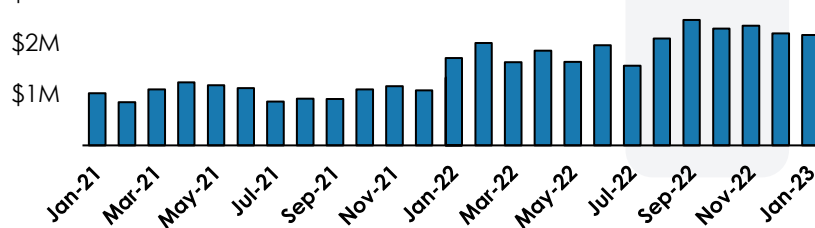
Benefits of L-Glutamine on TikTok reach peak virality in May 2022 inspiring customers to purchase VMS brands with glutamine lines



TikTok: Creatine²

What's the trend?:

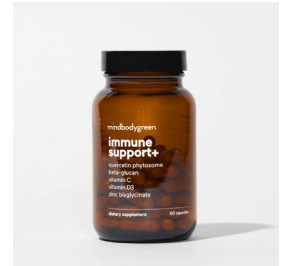
Positive results from creatine intake go viral on TikTok in September 2022 inspiring customers to purchase VMS brands with creatine lines



VMS Brands To Watch²

mindbodygreen

- Lifestyle media, personal care, and VMS brand dedicated to wellness
- Offer supplements for gut health, cognitive function, and overall health



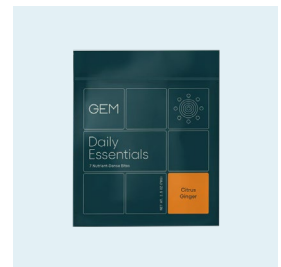
obvi

- Collagen protein brand
- Offer collagen-boosting products in powder, gummy, bar, and snack formats



GEM

- Daily vitamin gummies brand
- Gummies comprised of a blend of superfoods and minerals without synthetic binders



1. Google Trends Analytics, Smoothing Factor = 0.99
2. Company Instagram pages

Table of Contents

- **Whipstitch Capital Overview**
- **Capital Markets Recap & Overview**



Whipstitch Capital's Top-11 Healthy Living Consumer Trends

- **SPINS Market Update: Produced for Whipstitch's Industry Analysis**





Business Overview

Powering the Wellness Ecosystem





SPINS[®]

Inspiring the pursuit of wellness.

SPINS is a wellness-focused CPG data company

SPINS equips brands with insights and tools they need to innovate, get their products to market, and tell their stories.

SPINS provides retailers mission-critical capabilities to serve the consumer through tailored experiences, the right products on the shelf, and differentiated assortments.



SPINS

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SPINS: Who We Are



Retail Coverage

SPINS offers the **most complete market view** across the full retail landscape

Exclusive to SPINS

Natural Grocery

Regional & Independent Grocery

Pet

eCommerce

Conventional

Available at SPINS



Product Intelligence

SPINS provides the industry's leading Product Intelligence Platform to align **product attributes** with **consumer preferences**

Exclusive to SPINS

Certification

Ingredient

Label Claim

Nutrition Panel

Positioning

Package & Product



Applications & Insights

SPINS delivers on-demand insights through **intuitive applications** and **deep industry acumen**

Exclusive to SPINS

Business Intelligence

Data Harmonization

Trade Promotion Tools

Growth Consulting

SPINS FINANCIAL PARTNERS GROUP

Meet Our Team

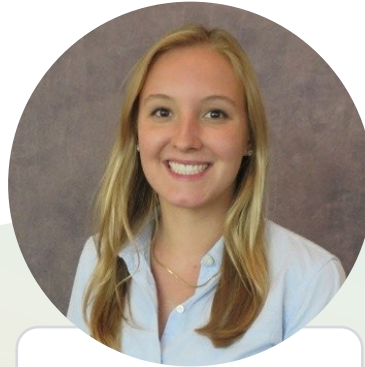


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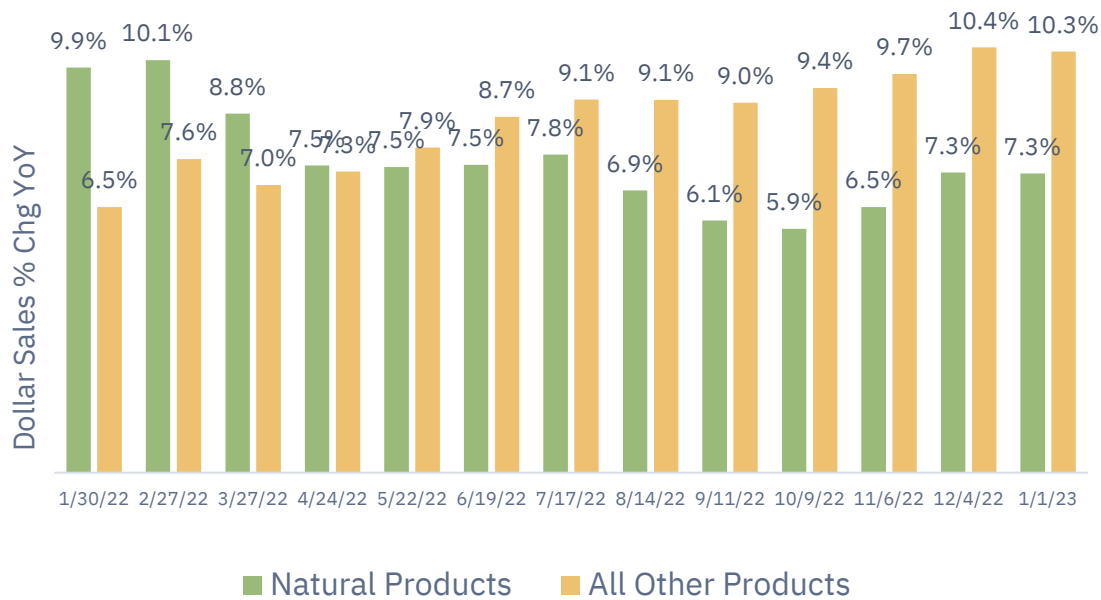
INCUBATORS /
ACCELERATORS

Market Overview

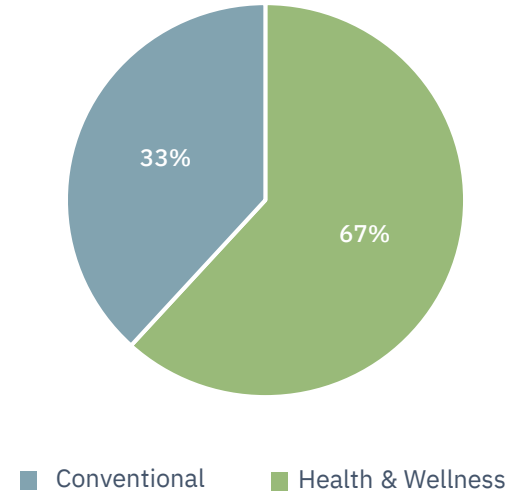
MARKET OVERVIEW

Health & Wellness continues to lead innovation

Across all retail outlets, shoppers continue to buy natural products at an increasing rate, and CPGs are responding with H&W focused innovation



~4,700 New Brand Introductions in 2022



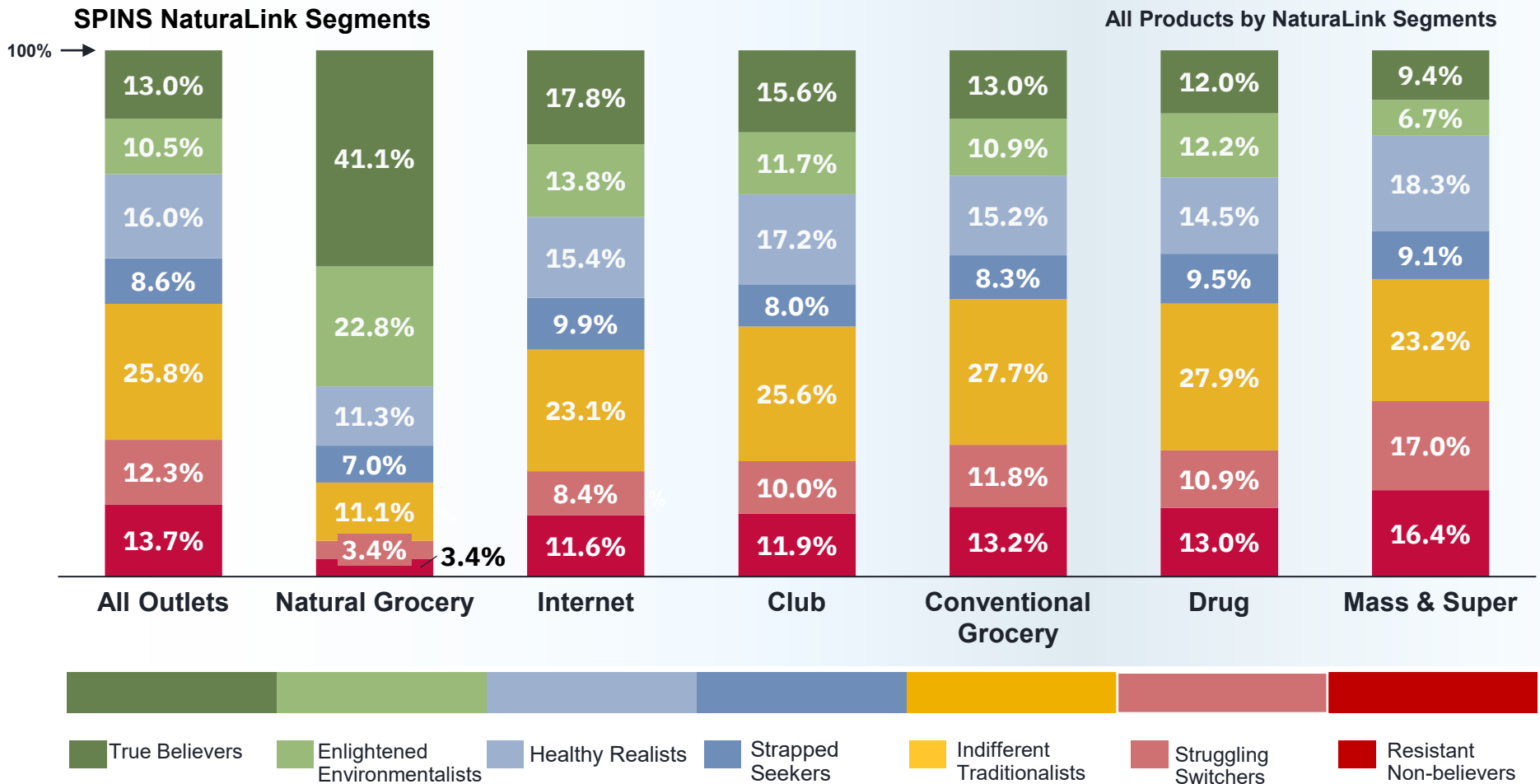
Source: IRI All Outlet Panel, Enhanced with SPINS Product Attribution, each time period represents 12 weeks
New Brand Intros: SPINS Total US Natural Channel + Conventional MultiOutlet+ Convenience, 52 Weeks ending 1/1/2023.

Source: SPINS Total US Natural Enhanced Channel+Multi Outlet, 52 Weeks ending 1/1/2023

MARKET OVERVIEW

Natural consumers shop in all retail channels

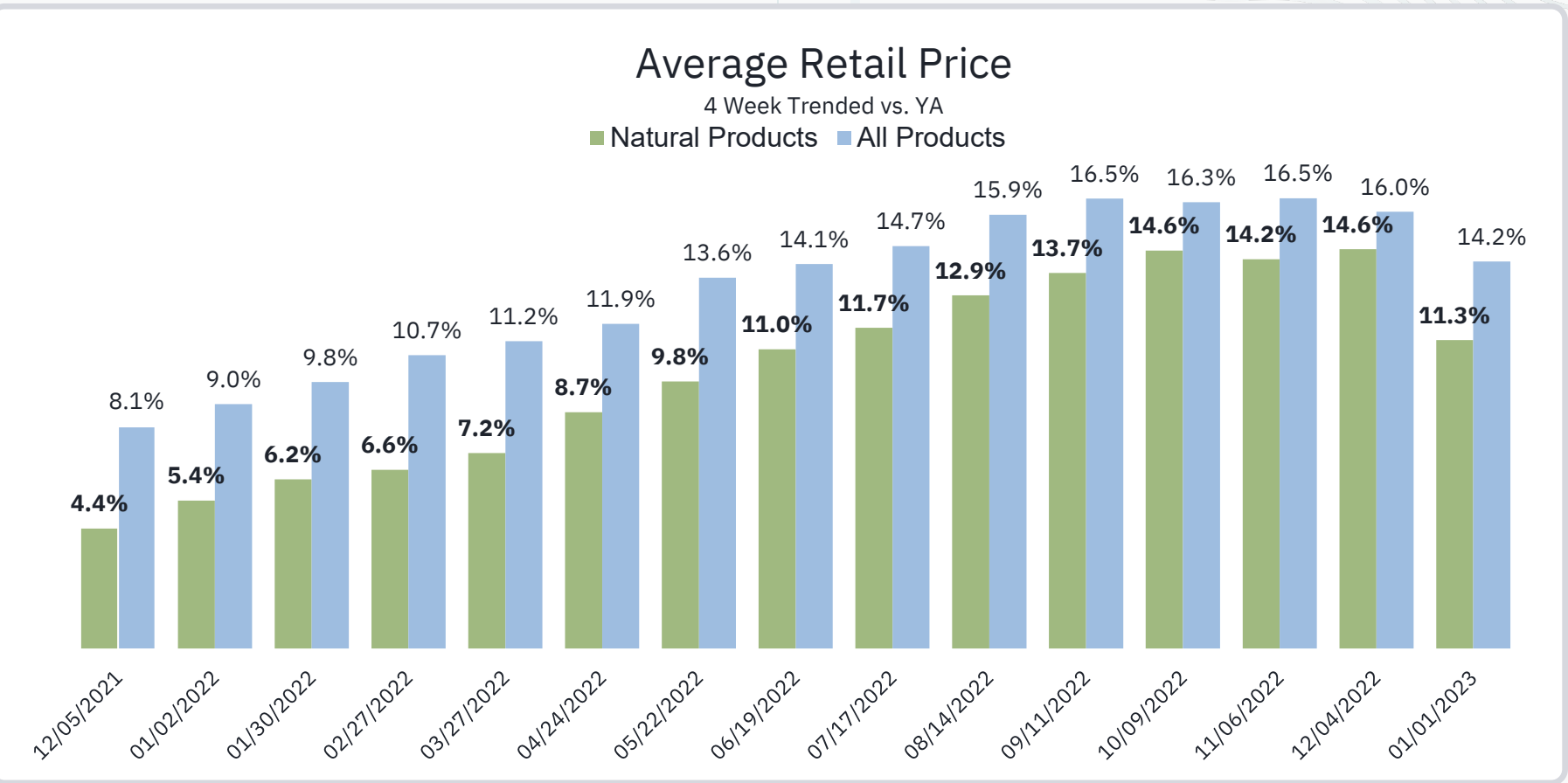
The core Natural consumer shops in Natural retailers and beyond, with strong presence in Club, Online, & Conventional Grocery Outlets Chg.



MARKET OVERVIEW

Increases in Average Retail Price across Food & Beverage categories have started to decelerate

Natural products have seen smaller price increases relative to all products for Food & Beverage departments, strengthening their appeal from both a wellness and budget standpoint.

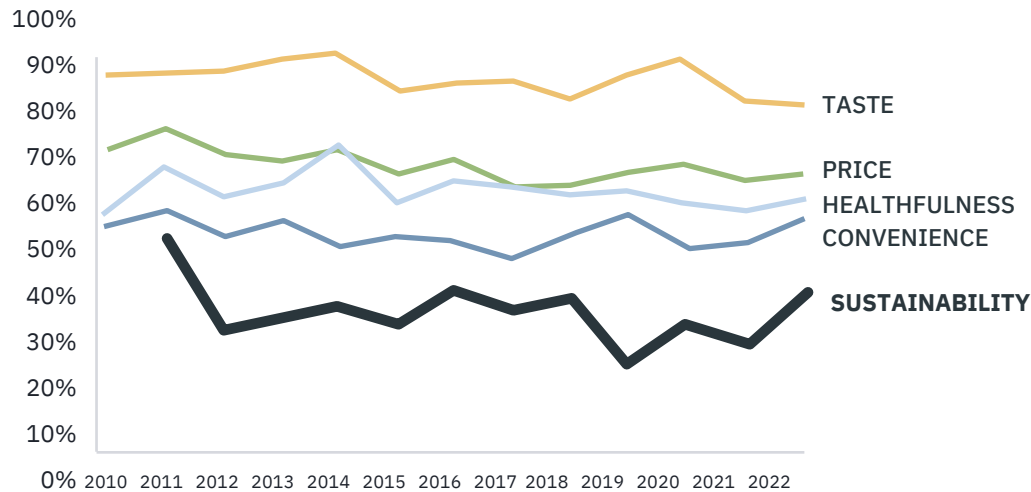


MARKET OVERVIEW

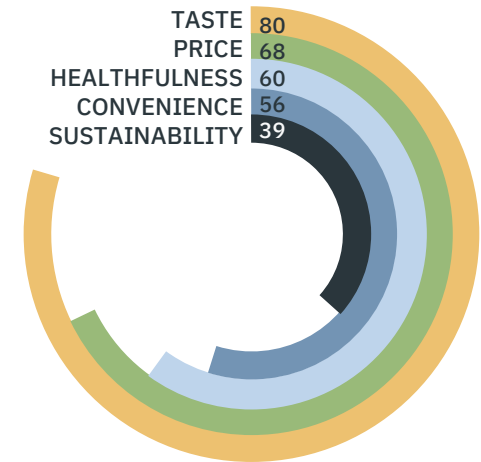
The importance of environmental sustainability has increased in 2022

Although it still ranks below other purchase drivers, 4 in 10 say environmental sustainability has an impact on their decision to buy certain foods and beverages.

Purchase Drivers Over Time
(% 4-5 Impact out of 5)



2022



Source: International Food Information Council, [TREND] Q6 How much of an impact do the following have on your decision to buy foods and beverages? SUMMARY: TOP 2 (Great Impact/Somewhat of an Impact); (n=1,005) *Prior to 2019, Environmental Sustainability was addressed as "Sustainability"

MARKET OVERVIEW

Shoppers trust 3rd Party Certifications & Labels for sustainability

3 of 4

of sustainable shoppers use labels or third-party certifications to confirm a company or product's sustainability credential



+6% | \$38B

Certified Non-GMO

+6% | \$17B

Certified Organic

+5% | \$12B

Certified B Corp

+3% | 813M

Certified Plant Based Foods

+2% | \$426M

Certified Marine Stewardship Council

+21% | \$25M

Certified Upcycled

State of The Natural Trend Spotlight

State of the Natural



Center of Store Resurgence is Powered by Health & Wellness Disruptors

Tougher economic conditions have pushed consumers towards prioritizing the staples, but ***center of store's resurgence*** is largely driven by **Health & Wellness** disruption of historically stale shelf-stable categories.



Maintaining a Healthy Microbiome is a Key Pillar in Functional Consumption

Despite doubling down on center of store, consumers are still seeking added ***functional benefits*** that focus on immunity support, strong mental clarity, and digestive health.

Center of Store Resurgence is Powered by Health & Wellness

The slide features a dark blue background with a light blue vertical bar on the right. At the bottom, there are decorative elements: a series of wavy, horizontal lines in a slightly lighter shade of blue, and three small colored dots (yellow, red, and green) scattered across the lower half of the slide.

Commodity categories emphasize multiple diet friendly options as consumers **double down on nutrition**

PROTEIN PACKED PRODUCTS (15-20G) SEE CONTINUED GROWTH

Category Examples	YoY Growth
Hot Cereal	+308%
Bread & Baked Goods	+40%
SS Meat & Poultry & Seafood	+12%
Soup	+11%

YoY \$ % change L52W

LOW CARB / KETO FRIENDLY PRODUCTS DEMONSTRATE DOUBLE DIGIT GROWTH

Category Examples	YoY Growth
Bread & Baked Goods	+41%
Jerky & Meat Snacks	+37%
Pizza & Pasta Sauces	+20%
Condiments & Dressings & Marinades	+8%

YoY \$ % change L52W



- ✓ 26g protein
- ✓ Labeled Vegan



- ✓ 20G protein
- ✓ Gluten/Dairy Free, Non-GMO



- ✓ Whole 30 & Keto friendly
- ✓ No added sugar



- ✓ 1g net carb
- ✓ Certified Keto

Paleo products grow across multiple shelf-stable categories for consumers looking to reduce cardiovascular risk factors

CERTIFICATIONS	% and \$ Growth YoY
Certified Paleo Foundation – Paleo	+16% +\$86.4M
Diet Paleo	+5.1% +2.6B
Certified Whole Grains Council	+3.6% +291M

LABEL BASED CLAIMS	% and \$ Growth YoY
Paleo Positioned	+17.2% +1.7B
Grain Free	+16.9% +129.6M
Gluten Free	+9.6% +5.3B
Allergy Friendly	+9.2% +36.5M

Top Paleo Categories in Center of Store

CATEGORY	YoY Growth
Soup	19% ▲
Crackers & Crispbreads	18% ▲
Jerky & Meat Snacks	16% ▲
Bread & Baked Goods	59% ▲
Condiments & Dressings & Marinades	10% ▲



Combining multiple dietary preferences such as **Paleo Positioned** and **Gluten Free**, the **Soup** category is seeing double digit growth through unique uses of functional broth products



Certified Paleo and Keto, Whole 30 diet, zero sugar, with 7g of protein and no antibiotics for this **SS Jerky & Meat Snack** demonstrates how multiple attributes appeals to a larger segment of shoppers

Consumers are prioritizing **sustainable products** that are human & planet friendly for staple categories

Certified Upcycled

+13% | +\$3.4M

3400% Fruit Spreads & Jams & Jellies

114% Baking Mixes & Flours & Ingredients

23% SS Fruits & Veggies



Labeled Non-GMO

+8% | +4.4B

77% Jerky & Meat Snacks

20% SS Pasta

17% Beans Grains & Rice Dry



Certified B-Corp

+7% | +792M

27% Frozen Fruits & Veggies

15% Baking Mixes & Flours & Ingredients

13% Cold Cereal



YoY \$ % change L52W

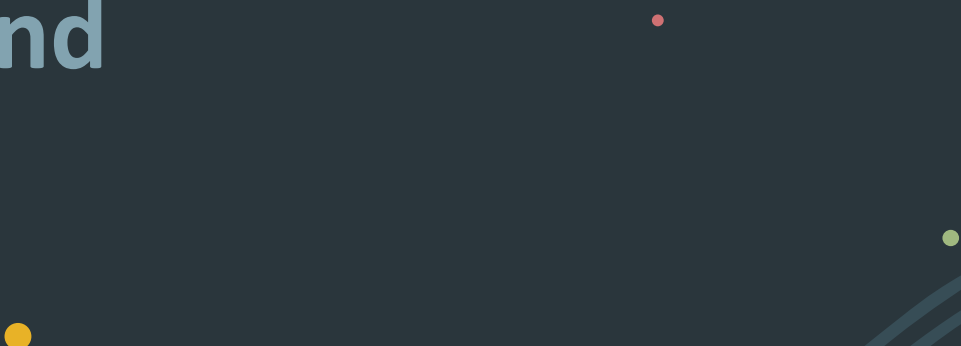
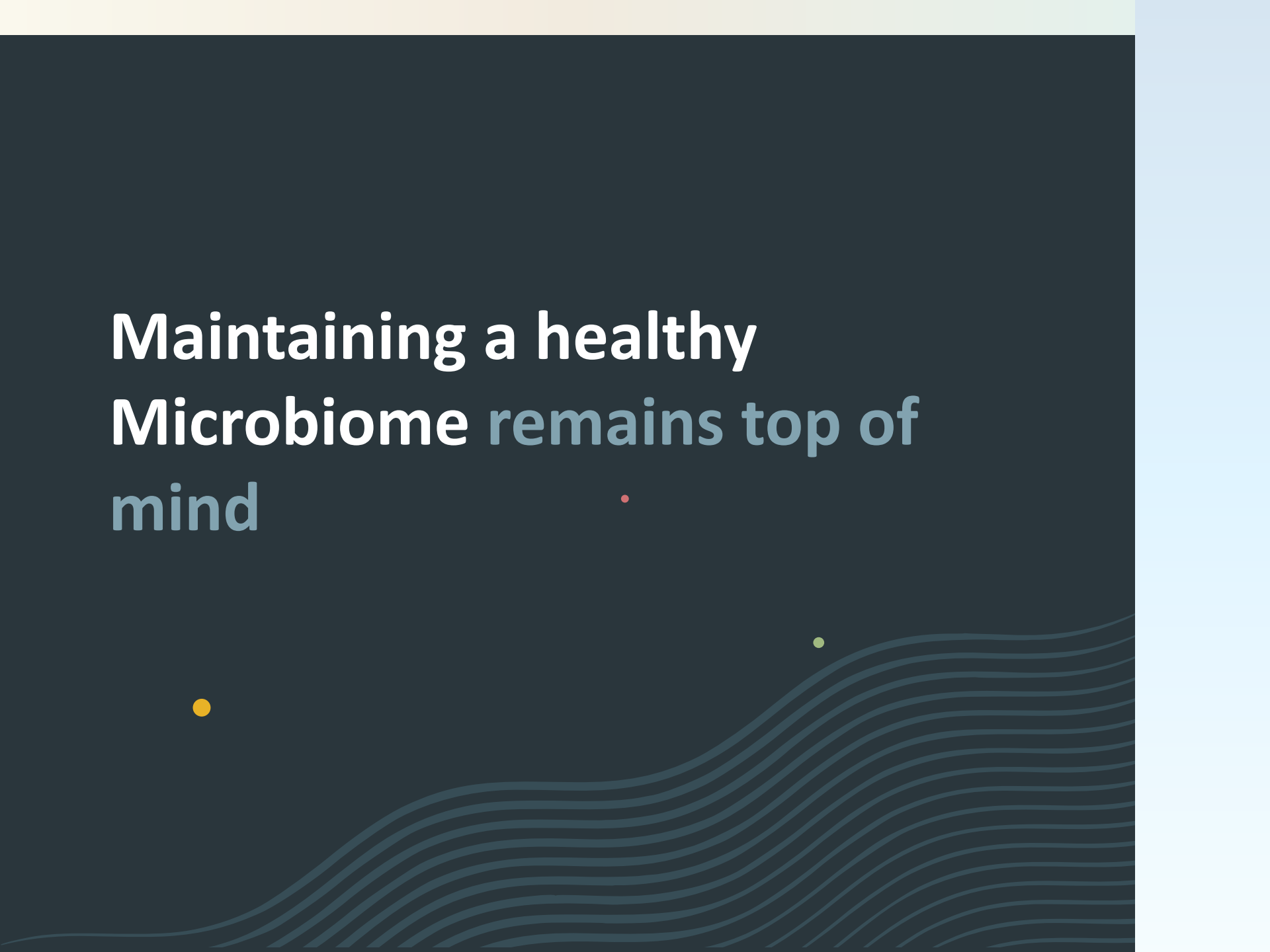


SPINS

Source: Total US SPINS Natural Enhanced Channel & Conventional Multioutlet & Convenience Channel (Powered by IRI), 52WE 1.1.23 vs Year Ago

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Maintaining a healthy Microbiome remains top of mind



Beverages leveraging **immunity** and **mental clarity** boosting ingredients are meeting consumer demand

Functional Ingredient Drivers and Decliners

Beverage Categories | +10%



Attribute Drivers	YoY Growth
Mushrooms - Cordyceps	%130 ▲
Vitamin D	81% ▲
Elderberry	46% ▲
Matcha	19% ▲
Taurine	8% ▲



Attribute Decliners	YoY Growth
Charcoal	96% ▼
Flax Seed Oil	46% ▼
Protein – Animal Whey	37% ▼
Chia Seed or Oil	27% ▼
Creatine	20% ▼



✓ **Mushrooms - Cordyceps**



✓ **Elderberry**



✓ **Matcha**



✓ **Vitamin D**

Immunity boosting Super Mushrooms are expanding beyond VMS into snacks, beverages, and center of store categories

VMS

Dollar Sales YOY Growth
\$120M -3.1%

Food & Beverage

Dollar Sales YOY Growth
\$610M +23.0%

Top Super Mushroom Categories

Category	Sales	% growth YoY
ENERGY & SPORTS DRINKS	\$3.7M	+373%
SHELF STABLE TEA & COFFEE RTD	2.6M	+355%
SHELF STABLE ENTREES & MIXES	23.8M	+73%
SS COOKIES & SNACK BARS	58.8M	+60%
SS JERKY & MEAT SNACKS	2.1M	+59%
REFRIGERATED ENTREES	29.3M	+56%
WELLNESS BARS & GELS	4.4M	+47%
CREAMS & CREAMERS	5.7M	+46%
KOMBUCHA & OTHER FUNCTIONAL BEVS	25.6M	+44%
SS COFFEE & HOT COCOA	10.0M	+35%
SS SOUP	\$141.2M	+21%

MADE GOOD



GT'S KOMBUCHA



KETTLE & FIRE



AMY'S KITCHEN



REBBL



To support strong **gut & brain connectivity**, shoppers are consuming digestive health products across multiple formats

Green Food Supplements

\$90M | +6%



Digestive Aid Vitamins

\$202M | +5%



Sauerkraut

\$79M | +1%



Kefir

\$141M | +17%



Kombucha

\$723M | +3%



Cleanse & Detox

\$103M | +1%



Prebiotics

\$1.9B | +2%



Kimchi

\$41M | +18%



Probiotic Yogurt

\$5.4B | +9%



Prebiotic Soda

\$73M | +226%



L52W \$ Size | % Growth

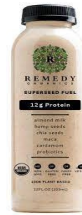
Consumers being back on-the-go led to an increasing need for **stress reducing** products, with consumption proliferating into easy grab n' go formats

+32% | +\$13M

MACA ROOT

Adaptogenic, Stress reducing, mood boosting

Category Examples	YoY Growth
Condition Specific Supplements	+77%
RF Juices	+27%



+26% | +\$2M

BACOPA

Cognitive function, stress relief, vitality

Category Examples	YoY Growth
Condition Specific Supplements	+26%
SS Tea	New



+18% | +\$24M

ASHWAGANDHA

Adaptogenic, natural ayurvedic remedy

Category Examples	YoY Growth
SS Tea & Coffee RTD	+89%
Kombucha & Functional Bevs	+31%



+7% | +\$15M

MAGNESIUM

Sleep support, brain function, anxiety reduction

Category Examples	YoY Growth
Water	+233%
Performance Nutrition	+10%





Thank you!



Please Contact Whipstitch Capital for More Information



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